



# BULLYING & OTHER STUDENT ISSUES



## SPEAKING PRESENTATIONS

Danielle Matthew, a Licensed Marriage and Family Therapist and the author of *The Empowered Child*, helps adolescents and teens who are in pain due to issues such as bullying, anxiety, severe stress, low self-esteem, or depression. Danielle provides tailored presentations and workshops to educators, students and families. She provides interactive media and leading discussions, which teach practical tools to address the bullying epidemic and other common emotional issues experienced by students.

### UNDERSTANDING BULLYING

Learn to identify the bullying risk factors and signs, including details on the four most common types of bullying, and how parents, schools, and others who work with children and teens can respond to bullying.

### STUDENT ANXIETY & DEPRESSION

There are many things that can cause school-age anxiety including friendship drama, hardships at home, bullying and struggling grades. Learn the signs of student anxiety and depression, and how to use empathy, empowerment and engagement to increase a student's self-esteem and reduce his or her anxiety.

### USING THE THREE E'S TO DISCUSS BULLYING

Learn practical techniques to use EMPATHY with a child who has been bullied, discover how EMPOWERMENT can help provide a child the support he needs to address bullying, and build strategies for guiding parents, teachers and children, using ENGAGEMENT in the safety planning process.

### SOCIAL STRESS WITH CYBER LIFE

Discover the social networks that many students use, what parents should do to help keep their kids safe and how to address cyberbullying.

### POST BULLYING TACTICS

Learn skills for safety planning for children who have been bullied, how to identify the appropriate school setting after bullying has occurred, and how to create a plan to help children recover from bullying.

Visit [www.empowerment.space](http://www.empowerment.space) or call 818-267-4282 for more information.